



As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- Sustainability Code of Conduct Be **selective** – choose tourism businesses that share how they benefit people & planet
- Tread lightly choose activities & transport options with a reduced environmental impact
- Be informed learn a bit about local nature, history & culture beforehand Be accurate about your level of ability so we can design an enjoyable experience for all; if you're out of practice, speak to us about refresher courses or buoyancy orientations If your photographic equipment is bulky, ensure your skill level is sufficient to control it and prevent damage to the marine environment
- Respect your guide's instructions regarding safety, local etiquette & dos and don'ts, including marine wildlife viewing distance
- Remain within the activity area and respect the buddy system / group contact protocol Use "reef safe" sun protection, e.g., sunscreen marked as such or wear rash vests / similar Ensure your equipment fits well before getting in the water; it can be difficult to adjust afterwards If snorkelling over a shallow reef environment, use a life jacket / vest to help with buoyancy and reduce the need for kicking over this fragile area; practice snorkelling skills away from the reef Maintain a comfortable distance from the reef, making allowance for swell / waves Be aware of where your fins are, and avoid kicking up sand when on / near the ocean floor; this can suffocate coral polyps
- If you need to hold on to something during the activity, choose rocks or dead patches of reef Don't collect flora or fauna or disturb their habitat; this includes not standing / walking on, or touching coral reefs
- Don't chase or corner marine wildlife, nor disturb them with sticks / similar for any reason Don't feed wildlife; it can harm their health & encourage problematic behaviour Minimise flash photography; repeat exposure can cause undue stress to marine wildlife Use low intensity torches / flashlights to minimise negative impacts on marine wildlife, e.g., disorientating them
- Reduce waste from food to paper, remember to take only what & as much as you need, and bring re-usable items, e.g., water bottle, coffee cup, carry bag
- Dispose of waste responsibly & use local recycling facilities where available
- Be waterwise your participation shouldn't place additional stress on water-scarce environments Save energy to reduce your carbon footprint & your impact on local supply challenges
- Support climate change action, e.g., offset or regeneration programmes Be respectful of privacy; obtain permission before taking photos / videos of people or sensitive sites along the way
- Respect others using the area so that their experience & access are not compromised Be sensitive to the inequalities of our world and avoid displays of wealth, particularly in less privileged contexts
- Ask questions your local guide will happily share their knowledge
- If you want to give, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- Buy from local, small &/or community-owned businesses, especially if they feature local nature or culture
- Be cautious about **buying from children** you could be supporting their exploitation
- Refuse to buy souvenirs, food & beverages that harm the environment, people, or wildlife (e.g., shells, coral, etc.), especially those that are illegal to buy / sell
 - Respect customary tipping & trading practices such as bartering and pay fair prices Provide feedback about what you liked or how we can do better





Co-funded by the COSME programme of the European Union

